

Cabbagetown Neighborhood Improvement Association Volume XXXI • Issue Number Two • February 2022

## DAVID CHATMON

OUR LOVE LETTER TO CABBAGETOWN BY DIAN HUFF-CHATMON

It took some convincing for David to move here twenty-five years ago. There was a drug house two doors away, go-carts in the dust bowl behind our house, which is Agave's parking lot now. We would have to hurry and shut the back doors because the dirt cloud would rise up above the houses. There were fights between the prostitutes at all hours of the night, and drug deals happening right before us when we were on our front porch. There were many calls to the police. There were a lot of abandoned houses around; it was bit scary.

One of our great friends suggested we buy the house next her, and when we looked at it, the house had brown paneling throughout, shag carpet over another layer of carpet over linoleum that was tarred down and a caved-in roof in the back room. A suitcase in the bedroom filled with bookie slips and a lot of car keys that we guessed were lost bets by their owners. A refrigerator with Cuban cigars and, unfortunately, old shrimp in the freezer. All these things were overwhelming to us. But the first time we walked thru it, I knew it had good bones, David wasn't so sure. Turns out he was great with a sledgehammer, learned how to hang sheet rock, and scrape up the tar on the beautiful, buried heart pine floors. Lots of hard work and he loved this house as we made it ours.

Before he retired, David was in the hospitality business, and wow was he great at it. So many of his staff through the years

told me how great it was working with him. He would always be cool under the fast-paced pressure and long hours. So when he came home you could always see him hanging on the front porch, listening to jazz and talking to anyone who passed by.

David showed his love by cooking and shared his passion with so many. People started calling our house "the vortex" because you would be here for hours and all of the sudden it was early in the morning. So many fun times around that kitchen table, David's favorite place to be.

He loved Cabbagetown and would tell people – wherever we would travel in the world – how special our neighborhood is.

There is so many of you he considered more than neighbors, you are family and friends. For those of who didn't get to meet David, he would have shaken your hand and welcomed you to the neighborhood and would say if you needed anything let him know.

Cabbagetown, I feel your love and want to thank you for being here for me during this unbelievably hard time. I wouldn't want to be anywhere else. You are sharing your kindness and it feels like a hug from David, he will truly be missed.

There will be a celebration of David's life, and we will share that information soon. Please come meet his daughter, grandsons, and family. we will raise a glass and share stories.

A Zoom service will be February 5<sup>th</sup>.

# Cabbagetown

Cabbagetown Neighbor is a monthly newspaper produced by the Cabbagetown Neighborhood Improvement Association (CNIA), a non-profit organization. This publication is supported by advertisers. Please submit news articles, announcements, photos, and advertisements to: newsletter@cabbagetown.com.

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Housing Code Compliance	404.330.6190
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Join the Cabbagetown online community at: cabbagetown.nextdoor.com or facebook.com/groups/CabbagetownATL Visit the official Cabbagetown website at: cabbagetown.com

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Advertising with the *Cabbagetown Neighbor* is an inexpensive way to reach over 700 homes in Cabbagetown, which includes the residences of *The Fulton Cotton Mill Lofts and The Stacks Lofts*. It is also a great way to support the CNIA and the publication of this newspaper. Visit our website at **www.cabbagetown.com** or write the editor at **newsletter@cabbagetown.com** for more info.

ADVERTISING RATES					
Ad Size	One Month	Three Mos	Six Mos	One Year	
1/8 Page 3.75" x 2.25"	<sup>\$</sup> 25	<sup>\$</sup> 70	<sup>\$</sup> 135	\$255	
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### CNIA President's Letter



Happy month of love my favorite neighbors. Just a couple things from Your CNIA representative. I am going to throw out an idea. Save the weekend before Valentine's day for the mushy stuff remembering to pick up something special from the most delicious Sweet Cheats...big hint for Dan. Then spend actual Valentine's Day with your neighbors/friends at our favorite local joints. Valentine's day is on a Monday, and

we all need something special every Monday to make it worthy of getting out bed so why not make it Love they Neighbor Day.

Petit Chou and JenChan's have drool worthy menus for V-day. JenChan's has a sweet deal going on with a delectable six-course dinner. There is mention of Oysters, Curry Soup, Mussels in Whiskey Cream Sauce and it goes on for three more courses. You do need to make a reservation so please go here for the details (www.jenchans.com). If you are still hanging close to home, there is also a Valentine's at Home Supper Club option.

Petit Chou will be open for Dinner on Monday Feb. 14<sup>th</sup> and to quote the website "In addition to our Cheese and Charcuterie Platters, we will be serving a Filet Mignon with Chateaubriand sauce, Magret Duck Breast in à l'orange sauce, Lamb Lollipops as an entree or appetizer, Salmon in a white cream sauce and a Vegan Fried Gnocchi in a Squash sauce." I could not have said it better so I did not try. Not picking favorites because I am going to figure out how to go to both, but they had me at Lamb Lollipops.

Also, you know *Agave* and *Carroll Street Cafe* are going to bring their "A" game. When have they not. I am picturing something amazing with lobster from Agave and Carroll Street all I can think about right now are their amazing desserts which is what Valentine's Day is all about.

And let's not forget our favorite hangouts: *Milltown Tavern* and *97 Estoria*. We need to top the night off with our favorite cocktail or beer. I plan to see you all out and about.

And now some CNIA Business. I want to welcome some new folks to the crew. First up is our new Ctown/Rtown Transportation Committee Chair Stephanie Dowda DeMer. She has jumped right into the thick of it and we thank her for it! Next we have our brandspanking new Film Liaison Committee with our 3 members Kellie Wellborn, Brandi Unger and Amber Brannon. They have had their first meet and greet and hope to create a process that is a benefit to both the neighborhood and those crews filming in the hood.

Last but not least I would love one brave soul to fill our Secretary position. Actually, you don't have to be that brave. You attend our CNIA meetings currently on Zoom and take notes to keep us honest. If you fear you may not be able to keep up with the taking of notes, we record the call so there is a back up to refer to. Thank you for all you do Cabbagetown. You keep my heart full.

### Cabbagetown Neighborhood Improvement Association (CNIA) Meeting Agenda

Tuesday, February 8<sup>th</sup>, 2022 at 7p
PLEASE NOTE: We will be meeting via video conference
https://zoom.us/j/95657039874
Meeting ID: 956 5703 9874

Password: 30316

NOTE: A digital copy of this month's agenda and materials can be found at: *cabbagetown.com/agenda* 

7p: Meeting begins

I. Welcome and announcements

II. Open Positions: Secretary, Vice President, Film Liaison Chair Hospitality Back-up Chair, Communication Back-up Chair

III. Review and approve January minutes

IV. Atlanta Police Department

V. City of Atlanta

VI. President Report: Alicia Thompson

VII. Financial Report: Jack Cunningham, Treasurer

VIII. Committee Reports

- Ctown/Rstown Transpo Committee Chair: Stephanie Dowda DeMer
- Film Liaison Committee: Kellie Wellborn, Brandi Unger & Amber Brannon
- Communications Chair: Naomi Siodmok
- NPU: John Dirga, Cabbagetown Representative
- Historic Preservation & Land Use Committee: Nicole Seekely, Chair
- Cabbagetown Initiative: Todd Gandee, CI President

*IX. Cabbagetown Initiative:* Todd Gandee, CI President *X. New Business:* Proposed Charter School Presentation by Josh Pinto Taylor, Ed D.

XI. Old Business 8:35p Adjourn

A CABBAGETOWN CELEBRATION

# LYNNE SPLINTER IS MOVING ON TO HER NEXT ADVENTURE!

You are Invited to stop by Milltown Tavern on Friday, February 18<sup>th</sup>, from 5p-8p.
Enjoy a complimentary champagne toast with Lynne.
Please bring a Lynne photo for the memory board.

Don't miss "the roast" at 7p with some of our favorite friends and patrons. We will miss you Lynne. Thank you for giving all that you gave to Cabbagetown. You made us better.

# Cabbagetown Neighborhood Improvement Association: General Meeting

Tuesday, January 11<sup>th</sup>, 2021, 7p via Zoom. Meeting conducted by Alicia Thompson. Minutes by Naomi Siodmok. Meeting opened at 7:03p.

#### I. Welcome and Announcements

CNIA will have a meeting about the budget soon. Stephanie introduced herself as a new attendee to the meeting and new to C'town.

#### II. Review and approval of the November minutes

Jack made a motion to approve the minutes, Alicia seconded. All said aye, motion passed.

### III. Atlanta Police Department

### Zone 6 - Sgt. Bernieri at mabernieri@atlantaga.gov

Have had a number of cases in Zone 6 where people have asked to use cellphones and then have attempted to make illegal transfers on Venmo/bank accounts. If you are ever in that situation, either offer to call 911 for them if they need help or suggest that they use a landline in the nearby business. Inquiry from the community member (Stephanie) - She has interest in updating street signage in the community especially for one-way streets - wants to know how to go about doing that. Specifically concerned about Gaskill and Berean area. This will be the responsibility of the streets department, but the officer will share this with the zone manager, Major Reese. Liliana Bakhtiari mentioned that the community member could email her with one-way sign concerns.

#### IV. City of Atlanta

Liliana Bakhtiari attended the meeting as the representative. To get in touch, text her here: Ibakhtiari@atlantaga.gov or 404.274.8115. Working on getting staff onboarded. Working in Cabbagetown on initiatives and will set-up quarterly meetings. Meeting with the Beltline this week to discuss accountability pertaining to trash issues. Working on the recreation center. Checking on the Krog Street Tunnel lighting. We have money in escrow for rumble strips on Pearl, so looking into that funding. Looking to do another traffic study with the new construction that is occurring and will engage Cabbagetown. Some interest in a new study and some interest in better implementation of the new studies. Timeline for this is still in the works. Liliana will look into the implementation aspect as well. Need letters of support for the Wylie Study. Storm basin replacements in Krog Tunnel - CNIA wants an update on that timeline. Liliana mentioned that as long as we give her actionable items, she will look into getting them done. Liliana attended a utilities meeting - Atlanta is having shortages again with trash and trash is being renegotiated. Not expecting full service for recycling until Jan. 31st. Requesting info on performance numbers. CHARM and the DeKalb Farmers Market are options for recycling in the meantime.

### V. President Report

Open Positions - Transportation Committee - only meets once a month on Thursdays and they get a lot done, efficiently. You can contact Alicia for interest. Also need a Vice President, Secretary, Film Liason, and Hospitality and Communications backup. If interested, email <code>info@cabbagetown.com</code> or <code>president@cabbagetown.com</code>.

### VI. Financial Report - Jack Cunningham, Treasurer

Holiday crawl was a success. Thanks, Alicia! Did not have the Tour of Homes this year, but the Holiday Crawl, concert series, and Cabbagetown Reunion were a success. Holiday Crawl generated good

revenue for the budget. Goal was \$2,000 in revenue and we got around \$4,000. Kyle was great with helping with the newspaper advertising and reducing print costs. Thanks to *Ameripress. Stacks Squares, Forward Warrior!!*, & Security Patrol were a success. Thanks to John Dirga.

#### VII. Committee Reports

Ctown-Rtown Transpo Committee - Genevieve Barber, Chair (absent)
Wylie Project Letter - Voted to show support of the project for the grant
application to move forward. This is the traffic calming study to add a walking
lane as you are moving towards the capitol on Wylie from Krog Street. This

will be on the right side with a divider at curb height for safety. John made a motion to write a letter of support and Alicia seconded it. All were in favor.

#### Communications Chair - Naomi Siodmok

Noted that *JenChan's* has Sunday bingo, board games, and brunch on Sundays and that there is Trivia at *Milltown Tavern* on Tuesdays as well as a running/walking group starting at 7p on Thursdays.

#### NPU - John Dirga, Cabbagetown Representative

NPU-N meeting highlights: Wylie St implementation - this is ADOT trusting us to put our own traffic measures in place. Approved the Paideia School Field Day. Supported liquor license for *Circle K* in L5P. On Wylie Street, some Rtown neighbors tried to put up a fence. CSX brought some lawyers to the meeting, since those neighbors are apparently infringing on CSX property for side yards. Those property owners are suing for runoff. Lady Bird has altered the liquor license to allow customer dancing. Heard from *The Anchor School* - a proposed 6-12 public charter. L5P Business Association did their Bizarre Bazaar. Naomi is now the APAB representative for NPU-N. Stacks Squares and Forward Warrior!! will receive grant funding this year. Forward Warrior!! made a motion for support for Peter Ferrari for an award of excellence through the City Planning Department - Motion made by John and seconded by Naomi - all in favor. Would like to get a letter for Patchworks for doing tours of the Cotton Mill. Rental side just changed hands, so we want to let the new owners know that the 'hood supports them and the tours. Motion made by John and seconded by Alicia. All were in favor. Have the selection panel for the Sophie Scholl mural -Panelists will review the finalist's proposals likely in February.

### *Historic Preservation and Land Use Committee - Nicole Seekely, Chair* No update.

### Cabbagetown Initiative - Todd Gandee

Got the *Chomp* numbers and made about \$60,000. Looking for a Vice President and an open seat on the board. Will have a budget meeting and technology meeting at the end of the month. Right now using four methods of payments on the website, so will look at streamlining and addressing technology. This meeting is focused on assessing what Cl needs, but more discussions are needed. Will set-up another meeting with accountants. Went cash-free for the crawl, but had to pay \$75 in swipes.

### VIII. New Business

Oakland Cemetery was very helpful with our events – we will do a day of service in February. Neighborhood Book Club under consideration. *IX. Old Business*. None.

7:51p - Donna made a motion to adjourn, Alicia seconded. All in favor. *Adjourned*.

### C'TOWN SKYLINE

By Stephanie Zell





WEEKDAYS: 6A - 3P WEEKENDS: 7A - 3P



## FBCM: RAW COTTON IN, FINAL PRODUCT OUT

By Nina & Jake Elsas, The Patch Works Art And History Center



Sorry about our absence in last month's Cabbagetown Neighbor. We realize this article has become important to the two adoring fans out there. It will be our mission... nay, our DUTY... to produce a blurb worthy of y'all's forgiveness. And one day, we shall!

Whew. THAT'S done...

Last November, the The Patch Works' stalwart "staff" toddled over to Georgia Tech and the Atlanta History Center, diving head first into the seemingly bottomless collections stored in their archives. Only after coming up for air did the intrepid researchers realize the amount of history that's been left untouched: heaps o' treasure just waiting to be discovered and discussed.

A panoply of architectural drawings, photographs, artifacts, documents, and letters (including one from Albert Einstein asking Norman Elsas to lunch). It's like... it's like... it's like... no one ever threw any-friggin-thing OUT. What a bunch of Hoarders.

And not to be out-hoarded by Tech and the AHC, The Patch Works recently snagged a sizable donation of relics from none other than the esteemed Aderhold family. Ha! In your collective FACE larger institutions!

Any-huh-waaaay, suffice it say, for years to come, we'll be producing plenty of articles for your firepits and grills. (Matches not included.)

Seeing today's pared-down Mill, it's hard to imagine how massive – literally and figuratively – Fulton Bag & Cotton Mills was. In its heyday, the Atlanta location dwarfed other mills in the vicinity; satellite factories operated across the United States; business went overseas.

FBCM was doing what few others in the textile industry were doing: EVERYTHING. What does that mean? Well, in short, raw cotton came in and finished products went out. One journalist deemed FBCM to be a city unto itself, it was that big. So, to provide some perspective on the scale of operations, this month's article will list ALL seventeen stages of production. (82.67% of readers will now be turning immediately to the Real Estate Report.) Fun!

**STATION**\*1: Cotton arrives and is unceremoniously scrutinized. Cotton is graded based on quality (e.g. it's full of crud, or its fiber-size is... lacking). **STATION**\*2: Cotton is assembled based on previous grades. Hoitytoity specimens get earmarked for finer cloths (e.g.: flour sacks); the cruddlest get to schlep potatoes and beans.

**STATION** \*3: Cotton hits the spa. After a nice steam and deep massage, Cotton relaxes in a tub, where it gets evenly moist.

*STATION \*4:* Cotton gets sucked. Up it goes, into "pickers," which give Cotton a nice comb-over. No more motes! Mote-less Cotton then gets "lapped." Cotton is wound up into laps, each one being exactly the same in length and weight.

*STATION \*5:* Cotton takes a ride on an elevator.

STATION \*6: Cotton gets carded. Cotton gets plopped on a "card"

and is unwound into Carding Machine, which has toothy cylinders that nip and bite and separate Cotton. Carding makes Cotton clean and very fine... very fine indeed... but only briefly. Carded Cotton gets coiled into Cotton Rope.

STATION \*7: Cotton Rope gets a "drawing." Our Mill doubled-down on this... why draw once, when you can draw twice??? First draw: six Cotton Ropes (at a time) get yanked through Drawing Machine's tiny hole, getting drawn and rolled, drawn and rolled, until the six Cotton Ropes become One Rope. This One Rope can weigh no more than the next six ropes following behind it. Different machines repeat this, eventually achieving Almost Yarn. Second draw: Almost Yarn gets drawn even more, until it is wee enough to fit on Bobbin. But Almost Yarn must also be made tense, but not TOO tense. Lightly tense. Ready-For-Bobbin Almost Yarn earns Roving Cotton status. Roving Cotton also gets a liiiiittle twist, making it easier to handle. Magically, one bale of Cotton will soon become miles of Yarn. Wowza.

*STATION\*8:* Like \*7, but Roving Cotton gets tinier still, depending on the size of Yarn desired.

STATION \*9: A Yarn is born. Roving Cotton gets the "spinning" spindle treatment, turning into many sizes of Yarn. Two types of Yarn get produced – "Filling" and "Warp" – with each going its own, separate way. Filling Yarn travels straight to LOOOOOMS, but not Warp Yarn... STATION \*10: Warp Yarn heads here! Warp Yarn hits "Automatic Spooler," which ties a Warp Yarn thread to the end of another thread flailing on top of Spooler Machine. Spooler then unspools Warp Yarn from Warp Bobbin... like... warp-speed fast!

*STATION\*11:* Warp Yarn gets "warped." Spools from Spooler Machine get spooled on to Big Beam Cylinder. Big Beam Cylinder ensures desired number of Warp Yarn threads per inch, prepping Warp Yarn for the next station.

*STATION \*12:* The horror... Warp Yarn gets "slashed." Machines collect Warp Yarn from Big Beam Cylinder, not only slashing and hacking, but also bathing Warp Yarn in starch. Stiff and slashed Warp Yarn is wound onto smaller Warp Beam.

STATION \*13: Operation "Warp Tying" (aka Gettin' Ready to Weave). OCD Warp Tying Machine tediously rolls and threads and ties slashed Warp Yarn, making it easy peasy to keep those Warp Beams a-comin' – each connected to its respective "pattern," ensuring that weaving will be fast and furious.

**STATION** \*14: LOOOOOOMS! Warp Yarn of all sizes gets its weave on in the Weave Room. Weave Room is soggy. Always.

*STATION\*15:* More LOOOOOMS. Yarns galore gettin' a weave. Shuttles at each end of LOOOOOMS fly back and forth, carrying Filling Yarn (remember it?) into the mix. The weaving goes on and on... with automatic refills. Houston, we have Cloth.

*STATION\*16:* "Waterproofing." Cloth Canvas is made perma-dry. *STATION\*17:* Waterproofed Canvas is made into stuff... ice tote bags; tents; tarps; swimming pools (for reals), etc.

All this chugged furiously along until 1956. We call that year, "The Beginning of the End" – unlike this article, which just... won't... stop...



## Cabbagetown Concert Series Returns!



Spring is on the horizon, and if everything lines up we will be resuming the Cabbagetown Concert Series, hopefully with a full schedule of six events for 2022.

Shows are usually held on the third Thursday from March to June, then again

in September and October. So far we have a potentially great line up of performers, covering a wide range of musical styles.

John Dirga, Steve Seachrist, myself, and a small handful of consistent volunteers (Thank you!) have been there since the get-go, however the

time obligations and physical labor are getting to be a bit much.

To be honest, we are tired, stretched with other obligations, and I am not getting any younger. In order to keep the Series active and successful, we need some ongoing support and backup.

This season we are actively seeking committed members for the team, including sound engineers, bookers, (beer) cup and merch salespeople, and stage hands. Participation can lead to some cool perks, opportunities to book your favorite acts, run the sound, and

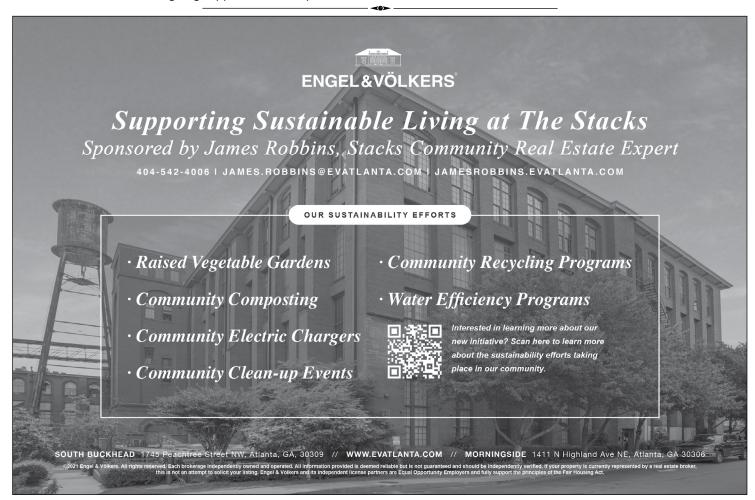
be popular in Cabbagetown!

We have some ideas to reduce the stage movement, which will make things easier for everyone, and the paperwork is already in place, just needs more smart folks to do it.

We are planning a meeting/get together in late February or early March, so please go to the www. cabbagetown.com/volunteer page to sign up and indicate your interest in the Concert Series. While you are there, you can take a sneak peek at the www.cabbagetown.com/

concerts for a short taste of our wonderful past concerts. There will soon be opportunities to watch many of the prior full shows online, which were awesome the first time around. We look forward to hearing from you, and having some fresh new team members!





# PAGE 9 NEWS

Cabbagetown has it's fair share of weirdness and funk. But step outside of our friendly confines, and things get even weirder and funkier. Don't believe us? Read on...

A Close Shave. Cameron Newsom, 42, of Colorado Springs, Colorado, was treated for stage 4 squamous cell carcinoma on her tongue, the New York Post reported. Removing the tumor meant also removing part of her tongue, which doctors replaced with skin taken from her thigh. Through all of her experiences in treating the cancer, she said, "The weirdest part ... was when I felt a rough texture on the 'thigh' part of my tongue and when I looked in the mirror, it had started growing leg hair!" Newsom had to learn to speak again and still finds eating a challenge, but she's back to being a gymnastics coach, even with her fuzzy tongue.

Green with Envy. Xavier Long, 20, of Yerkwood, Alabama, has discovered a way to profit from human jealousy and insecurity, the Daily Mail reported. Suspicious partners pay Long to flirt on social media with their loved ones as a loyalty test, and Long rakes in the proceeds: In one week alone, he made over \$2,000. Long said he receives about 100 requests for help every day. If a woman he's paid to flirt with gives him any of her personal contact info, he considers her a "fail." "I'm helping people, so I feel like it's a good thing in a way," Long said. "Doing these tests has allowed me to stop working a 9 to 5 job."

When Pigs Surf. Veteran surfer Ingrid Seiple was catching a wave on Dec.18 off Oahu, Hawaii, when she saw something floating like a log in the water, KITV reported. She at first thought it was a Hawaiian monk seal, but, she said, "That's when I realized it was a pig. It started swimming toward me as fast as it could! It was very close and getting closer. I pushed the board between the pig and I and it bit my board." Seiple thinks the wild boar was chased into the ocean by hunting dogs. "It looked like it had an injury on its face," she said. Seiple escaped the boar without harm. No word on the pig's condition.

A Sight to See. Motorists on I-59 in Tennessee on Jan. 12 got a closeup look at the world's largest cast-iron skillet as it made its way on a flatbed truck to the future Lodge Cast Iron Museum in South Pittsburg, Tennessee. The big fry pan measures 18 feet wide and weighs more than 14,000lbs, UPI reported. Get your selfie stick ready!

Carrots Gone Bad. Newsweek reported that a man in Spain perished on Jan. 20 while he was working in an agricultural warehouse. The unnamed 34-year-old was buried when a large quantity of carrots fell on him, emergency services said. The man died at the scene.

Oh Shoot! Need something to do during a snowstorm in Queens, New York? One person had an idea: Around 3:15a on Jan. 7, someone rode up on a bike to a speed camera. The camera caught the action, Pix11-TV reported, as the person calmly stopped, aimed a handgun and shot multiple rounds at the camera (which did not appear to be damaged), then put the gun away and rode off into the snowy night. Police released the video in hopes someone can identify the shooter.





### Sow and Reap the Rewards



When I point out trees, shrubs, flowers and other plants I grew from seed, many people react as if I am a botanical wizard. I am not, but I do like to start things from seed. I wish others were less intimidated about doing so since it is rewarding in different ways.

Because I have done it for so long, sowing seeds is second nature. Years of experience have erased the fear of failure. I don't always succeed, but lack of success is an opportunity to learn. I keep in mind that Mother Nature may sow thousands of seeds to get one to sprout and survive. For the most part, I have a better success rate than that.

**Sowing seeds is one of the cheapest ways to get the plant I want.** A seed packet that yields 50 plants will often cost less than a single plant at a garden center. Even counting the vermiculite or seed-starting mix and a container to sow the seeds in (I always recycle something), this is by far the least expensive option.

Going the seed route is also the only way to get some of the plants you want. You may find 40 varieties of tomatoes in a catalog, but it is not feasible for a garden center to stock that many. And sowing is the only way to get radishes, leaf lettuce, California poppies and other plants that need to be direct-seeded into the garden. Sowing also affords me the opportunity to share. What can I do with 12 extra basil plants?

If ordering from a catalog is not your cup of tea, the best garden centers have seed racks to choose from. This will save you shipping costs, and at a truly good garden center get some growing advice. *Pike's* at Toco Hills and the *Ace Hardware* in Virginia Highland have an array of herbs, veggies, and flowers, including some heirloom and unusual varieties.

Besides being economical, one reason I like to sow is a desire to nurture. A seed is a whole plant wrapped in a tiny package. Generally, the seed itself is strong. Once it sprouts, however, it becomes the most vulnerable the plant will ever be in in its life. I get to protect that little seedling and nurture it to where it can survive without constant care. Also, we have become far removed from many things in nature. Sowing seeds reconnects us, and allows us to participate, as well as be a witness.

While I approach the process armed with knowledge and experience, these have not stripped away the mysterious, even spiritual element I still feel when sowing seeds. There is something perfectly scientific, and miraculous at the same time. Perhaps that is why in Christian teaching, seeds have been compared to faith, the kingdom of heaven and the resurrection. That is part of their mystery and, for me. I can read a seed packet that says "contains 50 seeds" and think "contains 50 little miracles."

I will be soon be sowing seeds for annuals, herbs and perennials. I hope you will join me. Don't be intimidated. Take a leap of faith and sow some seeds this spring. You'll probably reap more rewards than you think.

Arty Schronce is a lifelong gardener who has been living and gardening in C'town since 1995. He received his degree in horticulture from North Carolina State University. He wrote a garden column for seven years that was carried in 30 newspapers. He was corporate horticulturist for the H.G. Hastings Seed Company and Nature and Garden Center. He wrote "Arty's Garden," the most popular feature in the Farmers and Consumers Market Bulletin newspaper and a question-and-answer column that appeared in numerous Georgia newspapers.

### **VISIONARIES**

Bv Daniel Boadar

As Cabbagetown's various grass-root groups toiled throughout the 1980s and into the 90s, it seemed at times that hopes for survival was hanging by a thread.

Each group had a vision for the future. As part of the group of "outsiders," I was keenly aware of the many divisions between us. As the land lords continued to reap off the decaying housing stock, the outsiders and originals had an unspoken agreement that if somehow the Mill could be renovated, so many of these issues would resolve themselves. Historically, it was what gave birth to the community. Now shuttered and falling into a state of dangerous disrepair, it remained the elusive prize. The first of these pioneers to put a vision onto paper was Esther Lefevre's group. It remained throughout the 80s as the holy grail for the community's redevelopment.

Presented in September of 1979, entitled, "Ole Cotton Mill Project," it was prepared by Ms. Lefevre as the Director of "the Patch." Decades ahead of its time, it presented a grand vision for a multi-faceted, mixed use commercial and residential redevelopment of the Mill. The 33-page presentation, "Cabbagetown: A Strategy for Restoration & Economic Revitalization" was a remarkable effort to leverage the redevelopment through creating a compelling vision as the current operations wound down. Based upon the renovation and reuse of the Faneuil Hall Market Place in Boston and Ghirardelli Square in San Francisco, it hoped to tantalize real estate investors, bankers, and city hall into moving forward on this quixotic venture.

Despite the effort and vision, the project never gained traction. The economy of the early 80s didn't support intown neighborhood development - particularly in grungy, post-industrial, blue-collar areas. Economic malaise, the march of time, and the inevitable deterioration of the buildings began to take a toll on the property and the community. By the time I arrived in the mid 1980s, it was a legendary, yet languishing project that never got off the ground. What remained was an impressive mass of bricks and buildings that was in the process of falling down.

Still, we clung to the pages of this report as a vision worth working for. It kept our hopes alive in very dark times. It seemed that we all could agree to the premise, "As goes the mill, so goes the neighborhood."

The groups continued to struggle for success against the backdrop of the hulking shell of the Cotton Mill. The key to the community's future lay within that report. The key was figuring out how to turn a grand vision into reality.

To view the original document, go here: https://www.dropbox.com/s/g7781424wephugv/Cabbagetown%20-%20A%20 Strategy%20for%20Restoration%20%26%20Economic%20 Revitalization%20Proposal.pdf?dl=0



### **HULSEY PITCHES IN**

By Benjamin Payne, GPB

The Georgia Ports Authority announced that it has activated four railyards across the state to help alleviate congestion at the Port of Savannah, including east Atlanta's 70-acre Hulsey Yard.

Hulsey – located in the neighborhoods of Inman Park, Old Fourth Ward, Reynoldstown, and Cabbagetown – will help avoid more than 500 roundtrip truck miles per box, with anticipated volumes of 1,200 containers per month, according to GPA Executive Director Griff Lynch.

"While others are getting choked out, we're adding space," Lynch said Monday during a meeting of GPA's board of directors. "So, our total inventory on terminal is down by 22% because of the great work being done by our team, and we're adding 25\% more space."

The move came ahead of the holidays amid the nation's supply chain crunch caused by the global pandemic.

Three other container yards are up and running in Savannah, Statesboro, and northwest Georgia's Murray County. Additional sites under construction will eventually increase the GPA's offsite capacity to 500,000 twenty-foot equivalent units (TEUs) of cargo.

At the Port of Savannah, GPA says it will open 670,000 TEUs of new annual capacity at its main Garden City Terminal by January, an additional 155,000 TEUs in March, and another 850,000 TEUs by June.

# Cop of the Charts

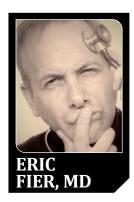
What is Cabbagetown listening to? Good question. Here's January's hottest songs on the *Milltown Tavern* juke box.

4	BLACK SABBATH
八	WAR PIGS

- CREED **HIGHER**
- JANE'S ADDICTION JANE SAYS
- **ICE CUBE** IT WAS A GOOD DAY
- THE DOORS L.A. WOMAN
- VAMPIRE WEEKEND **UNBELIEVERS**
- **HOZIER** TAKE ME TO CHURCH
  - **NOTHING BUT THIEVES** CAN YOU AFFORD...

- **BUILT TO SPILL** CARRY THE ZERO
- TAME IMPALA **ELEPHANT**
- **DAFT PUNK INSTANT CRUSH**
- **CARLY RAE JEPSEN** CALL ME MAYBE
- MAC MILLER THE SPINS
- **AVETT BROTHERS** I AND LOVE AND YOU
- DRAKE WAY 2 SEXY

### Apathy, Pessimism, and Why Things Suck



"Everything kinda' sucks," my patient tells me. He's 19, bored, and visibly irritated that he can't answer my challenge: "Name one thing in your life where the joy lasts beyond the finite duration of the activity itself." ... silence... then a shrug... then I think he forgot the question.

The idea that things basically suck is a sentiment I hear more often than I'd like – certainly from my patients; occasionally from my friends. Perhaps less often from

my kids – who have learned that my response is usually a reminder that as long as things already suck, they might as well clean their rooms and take out the garbage. (They know that the quintessential question in our home is never "why me?" but "what now?")

But do things objectively suck? Or are we, collectively, hung up on self-designed notions of how things "should" be – leaving us in a state of perpetual disappointment when life doesn't match up with what we expected?

Interestingly, it seems that if you were born between 1995 and 2012, you are much more likely to believe that the world is a fundamentally sucky place. Even compared with previous generations that endured the Great Depression, world wars, and more – studies show that Gen Z'ers seem to be uniquely pessimistic about their lives and their futures – with rates of depression and suicide that have more than doubled between 2005 and 2017 (yes, pre-pandemic.) And while the illness data is as interesting as it is troubling, what I'm seeing in my office goes beyond that.

Every week, I spak with teens and young adults who do not display most of the clinical symptoms suggestive of major depression. Their sleep and appetite are normal; they are not tearful or self loathing or consumed with guilt. But the sentiments they share are strangely familiar and seem to reflect a level of collective nihilism:

"Nothing much excites me..."

"The world is too messed up..."

"I don't really see the point..."

"Does anything even matter?"

It used to be that when people endorsed such sentiments, it was often an indicator that they were clinically depressed. The brain-based changes that take place in Major Depression often give rise to anhedonia – the loss of capacity to feel any real sense of enjoyment in things. Depressed people often lose interest in activities they once loved. A return of the capacity to feel enthused is often a highly reliable indicator that treatment is working.

Today, however, these same sentiments seem increasingly common even in the absence of other indicators suggesting Depression.

More and more, my Gen Z'ers are describing a sense of boredom with life – a mixture of disinterest, apathy, and amotivation. "Passion"

seems to be a commodity increasingly difficult to come by.
In her 2017 book, "iGen: Why Today's Super Connected Kids are
Growing Up Less Rebellious, More Tolerant, Less Happy, and Completely
Unprepared for Adulthood," author Jean Twenge calls Generation Z
"the loneliest generation on record."

She attributes this, in part, to the way that digital/on-line communication has largely replaced what previously was in-person socialization. We text instead of talk. We bring our phones to bed. We share memes instead of self-created humor. We let emojis replace emotionally expressive language. There is ample research that suggests a stunting of developmental maturation when more and more of life is lived in the "virtual" arena.

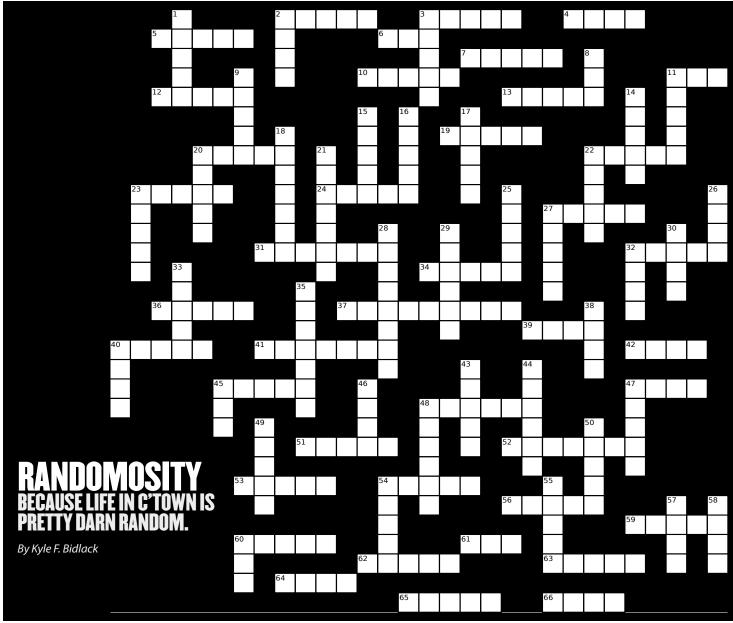
When our kids spend most of their after-school hours behind the safety (and sometimes anonymity) of a screen, they miss out on many of the growth opportunities that come with stretching themselves beyond their comfort zone. And while the dopamine rewards (largely accrued from on-line gaming, social media "likes," and pornography) come faster than ever, they dissipate much more quickly and afford little sense of pride in accomplishment nor the nourishment of real intimacy. In my experience, this often leaves teens and young adults with a pervasive sense of boredom – having spent much of themselves on the exhaustive pursuit of nothingness.

While the fix is likely as complicated as the problem, it seems that, as parents, we need to make sure that we are both modeling and talking to our kids about intimacy. This is not simply about sensuality, but rather about the non-quantifiable ways we connect with other humans (and our world) when we take chances, listen attentively, expend creative energy, and allow for vulnerability. It is only in these liminal spaces that we begin to truly engage, shift, and grow. As best as I can tell, our kids need to leave their bedrooms for this; it does not take place on a Mac or PC. Intimacy unfolds as we engage with nature; with our peers; and ultimately with ourselves through the experience of the former. And herein lies the path out of pessimism.

I suspect that the sanctity of our existence is dependent on the sense of purpose and meaning we attach to our lives. Much of that meaning is generated through allowing ourselves to connect to things beyond ourselves – to the people we let ourselves love; to the causes we let ourselves care about. Perhaps one antidote to apathy and despair is to approach each day with intentionality, with mindfulness: to allow ourselves to notice, to signify, and to celebrate.

Maybe once we stop sleepwalking through our lives, perhaps, only then, things won't suck.

Eric Fier is a board certified psychiatrist, treating children, adolescents, and adults. He is moving his clinical practice, TherapyWorksATL, to Cabbagetown in Summer 2022.



### **ACROSS**

- 2. Poker-faced.
- 3. Food that often gets tossed.
- 4. It might come with sprinkles.
- 5. "All the President's Men" president.
- 6. 122 is a record one for humans.
- 7. Break of day.
- 10. Instant replay effect.
- 11. Sunscreen letters.
- 12. International airport in Boston. 42. Implement used in a PCR test.
- 13. Word before "the radar" or "the weather".
- 19. What word of 5 letters has only one left when two are removed.
- 20. Photoshop software maker.
- 22. Publication with the spin-off site Clickhole, with "The".
- 23. Excuse in a trial.
- 24. Major service from Google.
- 27. Prose anagram #1.
- 31. "Solve for x" subject.
- 32. Garments suggested by the number 22
- 34. Foamy top of a wave.

- 36. Ivan who won eight Grand Slam titles.
- 37. Money maker
- 39. Board game that replaced Mrs. 64. Gambling numbers. White with Dr. Orchid in 2016.
- 40. Word that can precede bag, drink, or media.
- 41. Lemonade + \_\_\_ =
- Arnold Palmer.
- 45. The only surviving dinosaurs.
- 47. Professor in Clue.
- 48. Her "Drivers License" video has more than 320M views.
- 51. Repeat verbatim.
- 52. Nickelodeon series about toddlers.
- 53. Chill out.
- 54. Score of three on a par five.
- 56. Dare alternative, in a sleepover game.
- 59. "Scooby-Doo" character in a turtleneck.
- 60. Person from Austin or Houston.

- 61. Chicago-to-Miami dir.
- 62. Story with a moral. 63. Prose anagram #2.
- 65. Prose anagram #3.
- 66. Video game lead-in to "craft" or "sweeper".

#### **DOWN**

- 1. Prefix with aggression.
- 2. Moving well for one's age.
- 3. Starting city for a famous 1965 civil rights march to Montgomery.
- 8. "Planet \_\_\_\_" (hit 2021 album for Doja Cat).
- 9. 101 course.
- 11. Atomic number of nitrogen.
- 14. "\_\_\_ Game" (Netflix's most-watched series).
- 15. Neighbor of Egypt.
- 16. Recording artist's overseer.
- 17. What keeps a watch on you.
- 18. Nation with the western-most point of mainland Africa.

- 20. "30" was the best-selling one of '21
- 21. Reduce one's carbon footprint.
- 22. Netflix crime drama set in the Missouri mountains.
- 23. There are an estimated five sextillion in a drop of water.
- 25. What enjoys a light meal every day?
- 26. If a bibliophile is a lover of books, what is a cynophile a lover of?
- 27. Prose anagram #4.
- 28. First dating app?
- 29. Popular puzzle game with a 5x6 board.
- 30. How dictionaries are organized. 60. "Full Frontal with Samantha
- 32. Car wheel, as the Brits spell it.
- 33. Diving waterbird.
- 35. Smart aleck.
- 38. Late-'90s babies are part of it.
- 40. What an Impossible Burger lacks.
- 43. Celebrity status.
- 44. He flew too close to the sun.

- 45. "Just so you know," in texting.
- 46. Something that a Zoom meeting, Airbnb and "S.N.L." each have.
- 47. Glass that makes a rainbow.
- 48. The study or collecting of birds' eggs.
- 49. Wild party, slangily.
- 50." -22".
- 54. The "E" of E.T.
- 55. Parts of narwhals and elephants.
- 57. Something for a golfer, poker player, or sandwich maker.
- 58. "The big brother of the blues," per B.B. King.
- Bee" channel.

The new year brings new beginnings. Whether you're buying, selling or looking to make impactful updates to your home, let us help you find your fresh start.





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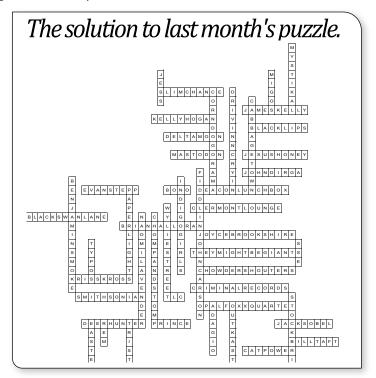
c. 404.295.2068 | o. 404.874.0300 | chrissiekallio@atlantafinehomes.com

### "BIG GAME": COMING SOON

After nearly four years of delays, some caused by interruptions due to the ongoing pandemic, Bantam Pub owner Tim Lance will finally open "sportsman club" Big Game at Anthem on Ashley this month. Lance has yet to announce an exact opening date.

Located on Ralph McGill, the neighborhood bar meets hunting lodge vibe here means Big Game will include plenty of sports on the televisions and serve a menu offering a variety of "sustainable" herd" and game meats, like "trophy fish", bison, and elk, according to previous reporting. Located on Ralph McGill Boulevard, Big Game also faces Fourth Ward Park along the Beltline.

Lance, who owned **Cabbage Pie** in Cabbagetown on Carroll Street, now home to *JenChan's*, first opened *Bantam Pub* in 2013 on Ralph McGill. Lance and business partner Richard Baum were opening a divey sandwich bar called *Motorboat* in the former *Marco's Pita* space, located between *The Bookhouse Pub* and *The Local* on Ponce de Leon Avenue.



## The Real Estate Report

This information is provided by Chrissie Kallio using the First Multiple Listing records and data from Housing and Urban Development postings. The information is not guaranteed or warranted. Listings courtesy of each listing agent. Any

questions regarding real estate in the Cabbagetown area can be directed to the following resident agents: Chrissie Kallio at 404.295.2068 • Lynne Splinter at 404.582.0006 • Debbie Weeks at 404.272.1906 • We wish you happy home hunting!

### **CONDOS & LOFTS**

For Sale	Price
The Stacks	170 Blvd
Loft H523	\$789,000
1 BD/1 BA	
Loft E410	\$545,000
2 BD/2 BA	
Pending/U.C.	Price
Loft E124	\$575,000
2 BD/2 BA	
Loft H527	\$524,900
2 BD/2 BA	
Loft H424	\$420,000
1 BD/1 BA	
Loft E422	\$349,000
1 BD/1.5 BA	
Loft H403	\$284,500
0 BD/1 BA	
Loft E005	\$245,500
1 BD/1 BA	
181 Powell St.	\$275,000
Unit #2	

2 BD/1 BA



### MULTI-FAMILY

For Sale Price 669 Kirkwood Ave. \$700,000 3 BD/2.5 BA 607 Gaskill St. \$688,000 4 BD/2 BA

For Sale Price None this month.

#### LOTS

For Sale Price None this month.

### COMMERCIAL

For Sale Price 678 Memorial Dr. \$490,000

The Stacks	170 Blvd
Loft E313	\$514,500
2 BD/2 BA	
Loft H217	\$460,000
2 BD/2 BA	
Loft H406	\$352,500
1 BD/2 BA	
764 Memorial Dr.	\$323,900
<b>Unit 21</b> 1 BD/1 BA	4



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### VALENTINE'S WEEKEND 2022



### Celebrate With Us

Friday, Feb 11th - Monday, Feb 14th!
Enjoy a romantic dinner with your special someone in one of our fireplace lit dining rooms. We will be serving our full dinner menu along with great dinner and drink specials to highlight the occasion.
Book your table fast before we sell out!

### **¡NEW TEQUILAS!**

We have just added several new handcrafted tequilas to our list including El Tequileno, Mijenta and Don Fulano. These small batch artisanal brands create tequilas using Agave plants grown in the highlands of Los Altos that are floral, sweet and utilize old world production techniques that date back centuries.