



Cabbagetown Neighborhood Improvement Association Volume Thirty • Issue Number Twelve • December 2021

AG

10 QUESTIONS WITH KEY N THOMPSON

By Kyle F. Bidlack

- **1.** Where were you born and bred? "Wheaton Illinois and a brief, horrible period in Florida."
- **2.** When you were a kid, what did you want to be when you grew up? "Comic book illustrator."
- 3. Your favourite band of all time? "Nomeansno."
- 4. What movie best explains you? "The Neverending Story."
- **5.** If you could change one thing about Brad, what would it be? "Absolutely nothing. What a perfect man specimen that guy is."
- **6.** What does the world need to know about Neighborhood Vinyl? "I started it about 8 years ago here in Cabbagetown. It's a side hustle that has become a labour of love, created lots of friendships, and allowed me to take part in some amazing local events."
- 7. Please finish this sentence: Our customers at Little's...
 "Our customers at Little's either get it, or they don't."
- 8. Three words that best describe you? "The Beef Chief"
- 9. One thing no one knows about you, but should?

 "I am obsessed with cutting boards."
- 10. What's your goal in life? "To see my son Scout more often and make sure he doesn't become a 40-year-old burger flipper... unless he can do it for Brad Cunard. I would not do what I do at Little's, unless it was at Little's."

Cabbagetown

Cabbagetown Neighbor is a monthly newspaper produced by the Cabbagetown Neighborhood Improvement Association (CNIA), a non-profit organization. This publication is supported by advertisers. Please submit news articles, announcements, photos, and advertisements to: newsletter@cabbagetown.com.

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The Cabbagetown Neighbor is distributed – each month – during the week before the CNIA meeting (the second Tuesday of each month) to the residents and businesses of Cabbagetown. If you have any delivery problems, please let us know at: ctowndelivery@gmail.com

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Join the Cabbagetown online community at: cabbagetown.nextdoor.com
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Advertising with the *Cabbagetown Neighbor* is an inexpensive way to reach over 700 homes in Cabbagetown, which includes the residences of *The Fulton Cotton Mill Lofts and The Stacks Lofts*. It is also a great way to support the CNIA and the publication of this newspaper. Visit our website at **www.cabbagetown.com** or write the editor at **newsletter@cabbagetown.com** for more info.

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Ad Size	One Month	Three Mos	Six Mos	One Year
1/8 Page 3.75" x 2.25"	^{\$} 25	^{\$} 70	^{\$} 135	\$255
1/4 Page 3.75" x 4.875"	\$50	^{\$} 140	^{\$} 270	\$510
1/2 Page Horz. 7.5" x 4.875"	\$100	\$280	^{\$} 540	^{\$} 1,020
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CNIA President's Letter



Top of the December to you.

Cabbagetown neighbors. I am fortunate enough to be in Ireland this week and as I talk to the locals, I found myself wishing we were all just like Kyle F. Bidlack – the official Mayor of Cabbagetown – because everyone here in Ireland is just like Kyle. Always a kind word, not afraid to speak to total strangers, and genuinely wants to help. So I thought I'd give us all the chance to practice "The Kyle Method".

On December 4th the Chicken Noodle Network, also known as CNN, is Hosting a neighborhood gift exchange at Milltown. The hosts – Lisa Myers, Anna Pfeffer, Glenn Drake, John Jarrett, and Barbara Keeney Harper – have been practicing The Kyle Method for years and want to share their knowledge with others.

Please join us at Milltown Tavern on December 4th from 3p-5p. Bring a wrapped (\$20 price point) and be ready to play. No need to RSVP just show up, grab your favorite beverage and have your gift exchange, Dirty Santa, white elephant, thinking cap on by 3:30p.

Carrying on another long tradition, Milltown also has a designated Toys for Tots drop box! Bring an extra gift to drop in the box on Dec. 4th for a free domestic beer or house wine. The Drop box will be available thru December 18th. You can make Christmas a wee bit more merry for local kids.

Next in our list of things to do is the Cabbagetown Holiday Crawl (formally known as Christmas Crawl) which is getting a slight facelift. First is a name change, and second is logistcs. The Crawl is a progressive dinner where only the neighborhood is invited.

We need to be in more opened spaces due to the virus – who shall not be named. With this in mind there will be only three stops, then coffee at Milltown Tavern this year.

Here's the schedule:

5:30p: Appetizers & Cocktails at Carroll Street Lofts,172 Carroll St. 6:30p: Light feast at Cabbagetown Park.

8p: Desserts at the Dechant's home, 186 Estoria Street.
Finally, we will officially end the night with an Irish coffee at
Milltown Tavern (but festivities usually carry on till the wee
hours of the morning). You sign up to bring food or drink online
and you will also be able to pay online. There will be a flyer in
your mailbox with more information.

I can almost promise you you will meet someone new or reconnect with an old friend every time you use The Kyle Method.

See you there!

ARE YOU A BAKER? GO TALK TO SHIRLEY

By Janice Yu, Fox5 Atlanta

Labor shortages are impacting some local businesses in the Atlanta area. Shirley Hughes is the owner of Sweet Cheats, a bakery that has been open for about a decade in Cabbagetown. With the Atlanta Braves, the World Series, Halloween and the holidays just around the corner, business is booming.

"We're about to roll into our holiday period so pie orders, cookie orders." However, Hughes tells FOX 5 Atlanta the orders are coming in but the resumes are not. "Usually I can put a post on Craigslist and get a hundred resumes a day. I put a post now, I might get two if I'm lucky." Hughes said.

They're down to four employees and are not able to take in more orders without extra hands. "It's really hard to say no to some orders but I really need to scale down and figure out what orders we can handle and what orders we can't." Hughes said.

Hughes isn't alone. According to the results of a survey conducted by the National Federation of Independent Businesses, 66 percent of small employers surveyed said they are experiencing a staffing shortage.

Hughes said it's even more difficult because she's looking for people with a little bit of baking experience. On top of it all, she said the supply chain issues are causing issues.

She said the desserts are not impacted because they are made from scratch, but she said things like plastic toppers for cakes are taking longer to ship.

NEIGHBORHOOD VINYL

Need stickers for your band, storefront logos, decorative wall art, large and small format custom vinyl decals, bumper stickers, auto decals, window decals, signage, t-shirts, hats, and more? *facebook.com/neighborhoodvinyl*

LETTERS TO THE EDITOR

Cabbageheads are always welcome to write letters to the editor. If you want to critique this newspaper, share your thoughts on something related to the neighborhood, give a special shout-out, or something above and beyond, send your email to: newsletter@cabbagetown.com

Please limit your letter to 250 words or less and include your full name. Deadlines are usually the 27th of every month. The Cabbagetown Neighbor reserves the right to publish and edit for length, grammar, or content.

CNIA: General Meeting

Tuesday, November 9th, 2021, 7p via Zoom. Meeting conducted by Alicia Thompson. Minutes by Alicia Thompson. Meeting opened at 7:03p

- 1. Welcome to attendees and new neighbors
- 2. Review and approval of the October Meetings

 Motion made and passed to approve minutes.
- 3. Financial Report: Jack Cunningham, Treasurer. No report
- 4. City of Atlanta: Valencia Hudson John Dirga and Geneive Barber asked for update on Pearl Street calming project. It stalled. Valencia asked for the email asking for needing more information so she can looked into status.
- 5. Ctown-Rtown Transpo Committee: Genevieve Barber, Chair Genevieve shared images of another Walk Lane project completed in Kirkwood on Rocky Ford. Liked the Road Dividers used in their project and a motion was made and passed to go forward with our Wylie Walk Lane with this type of Road Divider instead of the white plastic pole dividers discussed earlier in the project. It was also discussed that the Wylie Walk Lane will end where Wylie starts to cut in after Tye street. Genevieve to bring a more detailed budget for final CNIA approval of the project. Plan is to apply for NPU grant to pay for the project.
- 6. Atlanta Police Department: Sgt Bernieri
 Cooler weather means less crime
 While holiday shopping, be aware of what you leave in your car.
- 7. Communications Chair: Naomi Siodmok. No report
- 8. NPU: John Dirga, Cabbagetown Representative

There are multiple surveys out there to review and make online comments. Got to *Cabbagetown.com/agenda* to find the links. Believe committees are trying to get these plans through before new administration. The surveys include:

- Beltline SubArea 4 Master Plan Update. Comment on the map! Take the surveys!
- 2021 Comprehensive Development Plan: Plan A
- Z-21-74 (Amended) Zoning MR-MU was not approved
- Z-21-85 Zoning Ordinance / STR (Short Term Rentals) not approve
- Little Five Points was approved for a Christmas Festival
- Vegan festival came before the board again but was not approved
- Historic Preservation and Land Use Committee: Nicole Seekely, Chair
 Nicole could not attend but following was discussed.
 - 209 Powell St: Solar Panels The panels are not visible from the public right of way. Motion was made and passed to approve.
 - 0 Estoria St Lot Subdivision The UDC staff has recommended approval. The replatting would be consistent with other houses on the blockface and a compliant shotgun structure could easily be built meeting design regulations. Motion was made and passed to approve lot subdivision.
- 10. Cabbagetown Initiative: Todd Gandee, CI President. No Report.
- 11. New Business
 - Christmas Crawl to be held December 11th. Will send out a social media request for committee members and ideas.
- 12. Old Business
- 7:53p Meeting was adjourned.







CHAMPS! OOPS, THEY DID IT AGAIN

By Kyle F. Bidlack

They played with our hearts, got lost in the game.
Fraser Nicol, Rich Mudafort, Andrew Colella, and James Watson (a.k.a. Tee me Up Scottie) won The Autumnal Cabbagetown
Classic Golf Championship, for the second tournament in a row. They posted a net 56 and broke a tie with runners-up "Autumnal Fall" (Sir Fran Coleman, James Murray, John Pavlin, and Scott "Peaches" Thomas) with an eagle on the 18th hole. Amazing! "Team Rojo Grande" (Eric Nave, Walker Oxley, "Upstairs" David Prescott, and Bill Wilder) came in third by posting an admirable net 60.

Closest to the pin winner: Philip Patton, 12 inches (his girlfriend STILL says it was really 4 inches).

Accurate Drive Contest: Glenn McClure, 6 feet from center.

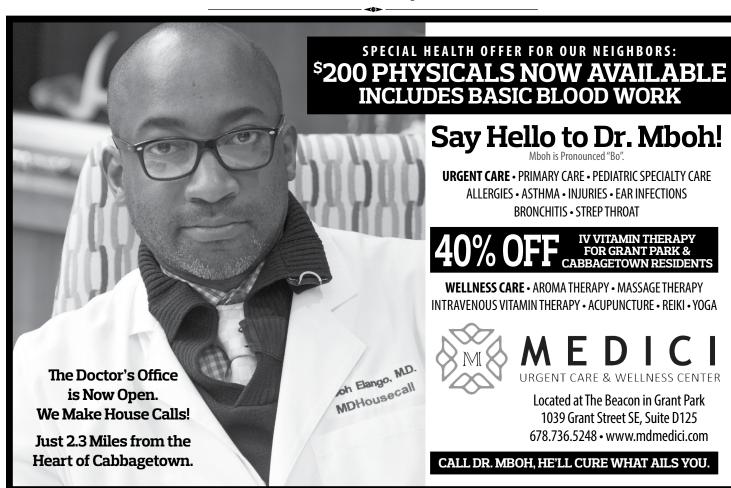
Longest Drive: Ryan "B.D." Peters, 303 yards.

And here's the greatest part of the whole day: All winners gave their winnings to one of Cabbagetown's favourite humanitarian efforts, Atlanta Leadership Club – led by former Cabbagehead of the Year, John Jarrett. The gift totaled \$1,230.00

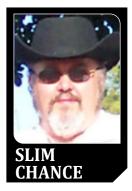
Special thanks to Milltown Tavern, Grayson Patten, Ben Clayton & Sidecar, Chris & HJ McGinness, and Ryan Peters. Well done y'all!



From left to right: Fraser Nicol, Rich Mudafort, Andrew Colella, and James Watson.



Slim's Pickins: All Things Must Pass



This is my last column for a while. I realized last month that I was literally running out of creative and interesting (to me anyway) ideas, and over time I came to the understanding that my taste in music had pretty much stagnated around 1990.

From what I gather, a large percentage of our current Cabbageheads were not even born then, so I was probably talking about music they had no experience with. I even

tried to come up with a list of albums I loved in the last 20 years for this last hurrah, and am ashamed to say, I fell short. So, I am

falling back on an old model from the 20th Century, when *Tower Records* had a monthly magazine with lists of what were called "*Desert Island Discs*", the ones you would take if you had to spend the rest of your life on an island.

It has been an absolute pleasure and a challenge to write these every month, but it's time to move on for a while. I sincerely thank Mr. Bidlack for this opportunity, and I thank each and every one of you who ever stopped me on my walks and said "I loved ______ that you wrote about!" Happy

holidays to you all, and remember that music is love.

Igor Stravinsky "The Rite Of Spring" – When I first heard this, I was amazed at the uniqueness and daring form of the music compared to other classical pieces, and then when I heard it caused a riot at the premiere in Paris in 1913, I knew it was something special.

Beatles "Rubber Soul/Revolver" – I know, I'm cheating. But these two albums were a turning point for the greatest band of all time (fight me), and in my life. Breaking away from the happy pop tunes, the Beatles dove into uncharted musical territory, with complex song structure, multi-tracking, and studio wizardry that had never been done before.

Leonard Cohen "Songs of Love and Hate" – I have often mentioned what a massive influence my Dad had on my musical taste, and he bought this from Columbia Record Club with no idea what it was. The nights we spent lying on the den floor in the dark, only Dad's cigarette glowing, and soaking up the words

of a great poet have stayed with me. I still have our original copy.

Bob Dylan "John Wesley Harding" – Another Dad record. Say what you will about Dylan, but his time in Nashville was my favorite, along with "Blood On The Tracks" of course. Throw in "Nashville Skyline" for good measure and you have a perfect trifecta.

Miles Davis "In A Silent Way" – The general consensus is that *"Kind Of Blue"* and *"Bitches Brew"* are Miles' greatest works, but the pure ambience and subtlety of this album always pulls me back to it. A progenitor of Fusion Jazz, this is the one.

Elvis Costello "Imperial Bedroom" – Like the Beatles' shift with the albums listed before, Costello took off in a very different and much more mature direction with this record. There were times when I

honestly felt he had written every song about me.

Michael Franti & Spearhead – "Stay Human" – My limited affinity for Rap and Hip Hop were left in the 80's, but Franti took the genre to a new place with this powerful, socially conscious, and incredible opus. With the focus on the death penalty and the rigidity of the "establishment", he wrapped his message in some of the best music I ever heard.

Shelby Lynne "I Am Shelby Lynne" - Following a rather banal career trapped in the Nashville machine, Lynne took

control of her own destiny and made a definitive album. No longer shackled to the need for "hits" she proved that every song can be a "hit" if she wanted them to be. A perfect record.

Willie Nelson "Phases and Stages" – Truth... I could take 10 Willie Nelson albums to that island, and it wouldn't be enough. "Stardust", "Red Headed Stranger", "And Then I Wrote...". No explanation needed. If you know, you know.

Goldfrapp "Seventh Tree" – I don't really know why, but this beautiful work from such an unusual source has just hit my sweet spot. The combination of progressive 21st century pop music, electronica, and gentle but profound lyrics is captivating.

Frank Zappa "The Grand Wazoo/Hot Rats" – While Frank's guitar work is what hits me, these two are representative of his most creative Jazz influenced composition style. It is nearly impossible to choose from a musical hero with 100 albums out, but these are probably my favorites.



JUST BEAUTIFUL!

By Lauren Appel & Todd Gandee

Over the last year plus, a huge shift has taken place.

Communities grapple with their core tenet, being together. Cabbagetown is no different than the rest of the world. We want nothing more than to be with our friends... To Romp, Chomp and Stomp. Twenty-Twenty-One Chomp and Stomp was a huge success. As a first-time President of Cabbagetown during Chomp, I (Todd Gandee), got to witness first-hand the benevolence, perseverance, and strength of our community.

When the planning and budgeting starts in January and February, Chomp is just numbers, email addresses, projections, hopes and dreams. The memories of a neighborhood holiday linger from the last one, and the hopes for great weather for the next event fill your mind. Even the successive meetings that followed this year were all two-dimensional beings on Zoom.

The beauty and explosion of dimensions our neighbors exhibit is incredible when the event starts getting into gear.

The passion from all the committee chairs, the leadership of Lauren Appel, our Chomp Chair, and the tirelessness of all the volunteers makes our event blossom with joy for everyone in the neighborhood and the greater Atlanta area. I have lived in Cabbagetown for 9 years, and been attending Chomp for 13 years, and the feeling I get from this event makes me feel part of the community.

Being the President of CI during Chomp helped me see another dimension of the connection to our wonderful community. Thank you to everyone that had a hand in making this event pure Cabbagetown, and thank you to all the attendees that made the event possible. – *Todd Gandee (CI President)*

When I volunteered to be Chomp chair I remember Kendall Rawls saying, "well, that was much easier than I expected to find someone to take." That gave me a peek into what was to come. There are *a lot* of moving parts that come together to pull off Chomp. Without the brilliance and guidance I received from previous Chomp Chairs, my fantastic Committee Heads, and the support of my fellow CI board members this would have not happened. It's been a weird time and there were some very valid concerns of whether it was time for Chomp to come back.

I'm so overjoyed that it all went so very well! It was an absolutely beautiful day and an incredible festival! It was a perfect example of our neighborhood being the best place to live, as we celebrated our parks, our community, and some of our neighborhood businesses. I echo Todd to give my huge THANKS to everyone who made this all possible! I look forward to that next beautiful first Saturday in November when we do it all again. – Lauren Appel (Chomp Chair)

97 Estoria: Pandemic Panacea

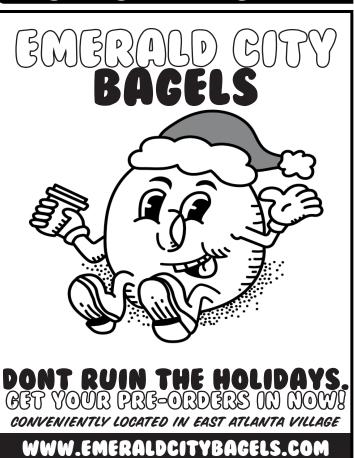
Excerpt from Gray Chapman, Atlanta Magazine

Some Atlantans found comfort in the go-tos of their youth, "regressing" to simpler times with takeout from Burger Win or delivery from Chico & Chang.

Carleigh Knight, of Cabbagetown, gave birth to a baby girl in early March, bringing her home right before the pandemic immobilized the city. In the lonely, tough postpartum days, she found comfort in an unlikely venue: **97 Estoria**, which she hadn't frequented since she was in her 20s. "Being able to safely get a beer before I took my pandemic baby to the park was the only outlet I had," she says, "and it was a glorious one."

And for Brittney Gove of Grant Park, weekly walks to the neighborhood coffee shop kept her whole family grounded together. "Every Friday, we would commemorate making it another week through lockdown by finishing our morning family walk, a way to get out of the house before we all Zoomed all day for work and school, with Grant Park Coffeehouse's pastries," she says. "It gave our kids something to look forward to every week, when there wasn't much else to look forward to."

LOVE IS THE ANSWER.



Chomp & Stomp 2021: Magnificent!











Scan for Cabbagetown Market Analysis

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PAGE 9 NEWS

Cabbagetown has it's fair share of weirdness and funk. But step outside of our friendly confines, and things get even weirder and funkier. Don't believe us? Read on...

A Tennessee man. Jerry McDonald of Chattanooga, Tennessee, was with an acquaintance when he passed out from drinking. His friend, trying to help out, took McDonald's phone to text his boss that he wouldn't be in to work that afternoon. But instead, the friend found alarming texts in which McDonald detailed a plan to kill an unnamed woman and take her money: "Please kill her babe, please. I'm begging you. There's over a million in her dad's safe." McDonald had texted, according to NewsChannel9-TV. McDonald is now held in the Hamilton County jail on \$75,000 bond.

A Florida woman. Canada may want to rethink opening its border to Americans after Vivian Richards, 48, of Oakland Park, Florida, tried to smuggle 56 guns into Sarnia, Ontario, in the trunk of her car. Richards was referred for secondary inspection, DH News reported, after officers of the Canada Border Services Agency looked in her trunk. Along with the firearms, they found 13 overcapacity magazines, 43 pistol magazines and 100 rounds of ammunition. She faces several charges, including possession for the purpose of weapons trafficking.

Rock on! Missouri man Kyle Scheele, with the help of friends, made a cardboard cutout of himself "jamming out with a pizza guitar" and advertising something called the "Kyle Scheele Meal." He then placed the cutout in a local gas station and waited to see how long his prank would last. But after the fake ad went viral on TikTok, convenience store chain Kum & Go made the Scheele Meal real. It included a Red Bull and a pizza sandwich, "which is just two pieces of pizza smashed face-to-face," Scheele said. The promotion ran for about a week, with Kum & Go donating \$2 of every \$5 meal to the charity No Kid Hungry.

Are you sure you're not in Cabbagetown? Residents of Barwell, a small English town, have been dealing with an unexplained noise for about a year. It's been described as "a humming noise," a "low-frequency droning sound" and a "horrible din" that never stops. Resident Ange Redshaw said, "At night, even lying on the pillow, you can feel the vibration, it's that loud. During the day, I can hear it over traffic noise." And now it seems to be spreading: Brian Heath, a resident of nearby Stapleton, says he has heard the "slow, rolling, rumbling sound" for a few weeks. "It's quite a heavy noise ... You can feel the pressure on your body," he said. No cause has yet been identified.

'Tis the Season. Cobb County (Georgia) Superior Court Judge Robert Leonard has, with tongue firmly in cheek, banned the Elf on the Shelf from his county, United Press International reported. Leonard said the elf poses "a risk to the emotional health and well-being of Cobb's young children." He tweeted that his order was a "gift to tired parents" because "When these Elves do not move, it leaves our children of tender years in states of extreme emotional distress." But for those families who love their elves, carry on: There will be no charges.

Flashback January 2014 Snow Storm



Jeremy Ray and a trusty friend.



BLAME THE BRITISH FOR BEING JERKS

By Nina & Jake Elsas, The Patch Works Art And History Center

Last month, we left y'all with a heart-pounding, white-knuckle Cliffhanger ending (psych!). Well, unclench those fists! In this Chapter 9 - Part 2, we'll finally reveal – with Commodore-64-like logic and olympic jumps of conclusion that surpass even Jesse Owens – the potentially possible truth about how Cabbagetown got its name.



During this Time of Reckoning, when populations across the planet grapple with the Sith-side of human history, it's worth noting the original meaning behind "Cabbagetown." Firstly, please understand that this nickname did not originate inside the Mill Village. It came from outside.

Initially, "Cabbagetown" was

intended to be anything but kind and certainly didn't conjure up images of shiny, happy people. "Bumpkin" might be the closest positive association with the nickname, but that relatively mild slur doesn't begin to approach the nickname's earliest unpleasant connotations. Plainly put, it was an insult... one that derided the mill-town families, many of whom came from Appalachia with Scotch-Irish ancestry.

Also worth noting, however: our little village wasn't the first in North America to be branded as a "Cabbage Town." In the 1840s – a solid forty years before Fulton Mill Village was a glint in Young Jacob's eye – another working-class community settled near the Don River, just east of Toronto. This village was called Don Vale, and it was teeming with Irish immigrants.

Well, Toronto's British elite didn't cotton to a bunch of potato-eating, cabbage-stewing Irish folk living so uncomfortably close to them, and soon – perhaps over Earl Grey and jammy crumpets – the snooty-snoots labelled this Blarney-Stone-kissing community... (Need we say it?)

The Potato Famine encouraged Irish immigration to Don Vale; post-Civil War despair encouraged Appalachian migration to Fulton Mill Village. Both neighborhoods were defined by people fleeing hardship, and both populations had similar ethnic composition. We believe, therefore, that Don Vale (aka Cabbagetown *1) became the unwitting Gran-Pappy for Fulton Mill Village's nickname. Why??? Answer: Because of a 19th-century newspaper article... and a parody at that.

Our investigative reporters discovered (immediately after someone else discovered it first) an article written in 1897 for a newspaper out of Buffalo, New York. This defamatory gem is called *A Cracker's Kick, The Georgian Who Protested That Prices for Postage Stamps Were Upheld by a Monopoly*.

Before we delve into the article, let's first chat about 1897. It was an infamous year for Fulton Bag & Cotton Mills (one of many). It was a year when The Mill made national headlines... and not for good reasons (many of many). It's the year that Jacob hired African-American women, resulting in white mill workers walking off the property in protest. All of them.

With 1896's Plessy vs. Ferguson Supreme Court decision, racists everywhere were empowered to flex any and every prejudiced muscle in their body, and sadly the white mill workers found an opportunity to display their discriminatory souls to the entire world.

Accordingly, most newspapers not-below-the-Mason-Dixon-Line really let'em have it. It's quite possible this 1897 article appeared because of the strike, which may have compelled the author to ridicule the white workers by invoking the dull-minded, hillbilly stereotype. Also, with Toronto's Cabbagetown just a hockey puck's slap shot across Lake Ontario, the author probably recognized a demographic kinship between both communities and cunningly borrowed a page out of the Highbrow British Handbook.

Right off the bat, the author deftly sets the stage by suggesting that the story – a fictitious conversation between two people at "the Cabbagetown post office" – originally appeared in the Atlanta Constitution. Boom... context. He then proceeds to make short work of painting the story's protagonist a fool: a crotchety geezer arguing with the postoffice clerk about the price of stamps. The opening dialogue pretty much sums it up...

"What's two-cent stomps wuth?" "Two cents."

From there, the story is filled with fantastical, Mark Twain-ian gibberish: a nearly incomprehensible tirade spewing from the protagonist, who's outraged that two-cent stamps cost two cents. Ipso facto, he's an idiotic hillbilly. Now, whether or not this 19th-century lampoon was warranted (considering the strike), the author applied this dumber-than-dirt sentiment to the entire neighborhood, implying that the community was irreversibly backwards.

Soon thereafter, in the early 1900s, numerous Tall Tales about the naming of our "Cabbagetown" materialized, many of them as ridiculous as that 1897 article. Y'all prolly heard the Depression-era myth about the overturning cabbage truck/train/goat cart; or how the neighborhood stank of cabbage; or that locals only ate cabbage (they actually enjoyed all sorts of food... read Cabbagetown Families, Cabbagetown Food).

Some accounts had enough believability to contend for Truth status (e.g.: vendors sold produce to mill workers on payday; taxi drivers gave nicknames to Atlanta neighborhoods; Sister Keel at the Savannah Street Mission used "Cabbagetown" to solicit donations). Even if there's some accuracy to these stories, they only legitimized the judgement made by the 1897 article: the neighborhood was full of Scotch-Irish rubes.

By the 1940s, "Cabbagetown" gained enough traction that some Mill Villagers accepted the nickname. But many never did. As Effie Dodd Gray proudly exclaimed, "It's not called Cabbagetown!" Like Effie, plenty of locals fully understood the meaning behind the nickname and refused. In time, however, younger residents came to embrace using "Cabbagetown," and by doing so, it could be argued that they eventually stripped the nickname of its derisive power.

In 1974, Maynard Jackson established Atlanta's NPUs, whereupon the City named the neighborhoods. "Cabbagetown" was popular enough to stick... forevermore. Today, our sister, North-American Cabbagetowns hardly resemble their similar 19th-century roots; both are fully gentrified and heterogenous (but perhaps with one or two Irish peeps still milling around). Nonetheless, remember the neighborhoods' histories. And love the oncehateful name "Cabbagetown!" But still blame the British for being jerks...

Spelling Bee

How To Play Spelling Bee: 1) Words must include the center letter. 2) Words must contain at least four letters. 3) Letters can be used more than once. 4) Each puzzle includes at least one "pangram," which uses every letter at least once. How many pangrams can you find?



5 19 21 22 8 24 25 11 26 13 27

Last month's pangrams: Headpin, Pinhead, Pinheaded.

Gift Exchange!



Hope everyone enjoyed the **Thanksgiving holiday!** Thanks to your generousity, the Chicken Noodle Network (CNN), was able to provide full turkey dinners and even pies to several neighbors. Special thanks to Anna Pfeffer & Glenn Drake for handling the shopping and deliveries.

Next up is the CNN holiday gift exchange & toy drive on Saturday, December 4th at *Milltown Tavern from 3p to 5p.* This year we're giving AND getting in a full blown

neighborhood gift exchange. This event is open to everyone in Cabbagetown. There may even be a special guest checking in on who's been naughty and who's been nice.

Bring a wrapped present (\$20 price point) and be ready to play. No need to RSVP just show up, grab your favorite beverage and have your thinking cap on by 3:30p. This is a family friendly event.

BONUS: in addition to your wrapped gift to give, we are also collecting unwrapped gifts for a toy drive. Donors will receive a free domestic beer or glass of wine! Everyone wins!

Look for more on Cabbagetown's Facebook page and we hope to see you there!!!!

n of the Charts

What is Cabbagetown listening to? Good question. Here's November's hottest songs on the *Milltown Tavern* juke box.

- AMERICAN FOOTBALL NEVER MEANT
- CITIZEN KING **BETTER DAYS**
- LOCAL NATIVES WHEN AM I GONNA LOSE YOU
- THE WALKMEN THE RAT
- **TOVE LO** COOL GIRL
- THE BLACK KEYS TEN CENT PISTOL
- WELSHLY ARMS LEGENDARY
- GROUP LOVE

- **OLIVIA RODRIGO** BRUTAL
- **GARY NUMAN CARS**
- DRAKE **HOTLINE BLING**
- GHOSTLAND OBSERVATORY GIVE METHE BEAT
- SHE SELLS SANCTUARY
- THE STROKES
- WHY ARE SUNDAYS SO DEPRESSING
- JON BELLION ALL TIME LOW WAYS TO GO

YEAR IN REVIEW

THROUGH THE MIND OF REV. DAVID DECHANT

If you're not friends with The Good Reverend on Facebook, you should be. Yes, he's a Renaissance man. Yes, he has a beautiful wife and great kids. Yes, he's brilliant and talented... blah blah blah. What's almost equally as great, are the thoughtful posts he shares when he is so moved. Let's take a look back on the year that was.

January 2nd: "Has anyone ever used a dog shock collar to stop a dog from dropping ass like Mama Cass? I bet if a dog farts and you give it a blast of electricity then sooner or later it will leave the room to fart. While awake. Sleeping dog gets no zaps; they know not when they fart."

January 4th: "If the current Pope names Father Guido Sarducci a saint then I will join the Catholics."

January 8th: "Swear to lord god in heavyn that I think this album would kick ass: Run The Jewels featuring Puddles Pity Party."

January 26th: "That MC Hammer guy. He quit. Not legit enough, apparently. Maybe some of his trousers are boat sails now or hammocks in a panda bear rescue facility."

January 29th: "I think we wore out calling a pitcher a belly itcher when I was a kid. Not any other insult. We want a pitcher, not a belly itcher! Not one time was he a sweater stitcher. Or a wicked witcher. Or a nekkid bitcher. Not once. They only ever belly itched."

February 6th: "Shemp was the best Stooge."

February 12th: "I invented the Gorilla Glue helmet a decade ago when I had cornrows and I couldn't keep the tiny rubber bands on the ends to stay on. I dabbed each braid's end with two part epoxy. I didn't have to be hospitalized nor did I cause an internet sensation, but it did turn out to be an equally stupid idea. Let it be known I am as dumb as the GG girl! Plastic hair; don't care. Bad hair year. But I never ate no Tide Pod. There's that."

February 18th: "Thoughts on Atlanta having a street called Beaver Ruin: There should be an OB/GYN there called Beaver Fixer. There should be a Beaver Liquor Store. There should be a furrier there called Pelts. How do you ruin a beaver? With a Beaver Cleaver."

March 3rd: "If I could have a coffee with anyone living or dead I would choose Paul McCartney then I would spend the entire time asking about John Lennon."

March 11th: "Can't wait for my Stimulant Check."

March 25th: "Thank you Lord for Jimmy Dean and his sausage."

March 26th: "If they Canonize Jeff Spicoli, I'll become Catholic."

March 26th: "Chumbawamba and Hoobastank are really stupid names for anything other than guinea pigs. If I got chumbwamba on my shorts I'd have to throw them away. And if you get hoobastank on your mustache then you're gonna have to burn your face off."

April 12th: "I would like to see everything mixed by Sir Mix A Lot. He didn't have many hits so he didn't mix enough music to claim knighthood really. What else did he mix? Biscuits? Concrete?

April 20th: "Some days all I need is Nick Drake."

April 28th: "One day the real Slim Shady will please stand up."

May 16th: "Eminem spits lyrics better than anyone. Possibly the best thing he spit out was his mom's spaghetti."

May 22nd: "Sometimes the Facebook ads are dialed right into my psyche and before I know it I own a \$200 axe."

June 6th: "I suspect the employees of Boone's Farm are a derelict motley circus of drunks and hobos. I'd love to spend the day there drinking razzleberry blue fortified wine. At lunch there'd be some fist fights and peeing contests. A daily fugue of soccer hooligan songs probably."

June 10th: "The cloudiest coffee ever served was brewed in 1971 and served to Carly Simon. It prompted her to write a song about me."

June 11th: "Queue is a q with four silent letters behind it. Seems silly."

June 14th: "Bring back the Karmann Ghia."

June 18th: "However you get there, tonight everyone should wang chung."

June 24th: "Each time a human eats okra God laughs and says "Eww. Technically edible but I had no idea you people would eat that shit."

July 11th: "Back in my day Marky Mark's occupation was to feel the vibration. Now look at him."

July 25th: "If you don't get the vaccine because you don't know what is in it, let me ask you this: do you know what is in ranch dressing?"

July 31st: "The Devil has a good laugh at me every time I use the parking lot He designed for the Home Depot on Ponce D L Ave."

October 12th: "Area 51 Shades of Gray, my alien sex book. You want to know what goes on in there? Probing. Lots of probing."

October 13th: "I swear ten years ago there were no chipmunks in Cabbagetown. Now I see them daily. I surmised there used to be none because they taste good."

October 29th: "I'll give a twenty dollar bill to the soul brave enough to lick the inside of my Herby Curby."

October 30th: "Idea for cartoon: a candle that looks like Marilyn Monroe and a candle that looks like Princess Diana are blowing in the wind caused by the fart of a piano player with colorful glasses.

November 9th: "Never chase a mattress sale.

Another one will come again soon."

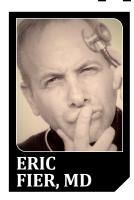
November 13th: "My review of the new Dune: lots of dust."

November 25th: "Raking season! Remember after you make a huge pile and jump in them that they are 90% oak leaves and 10% dog turds."

November 28th: "Arthur is the most famous Fonzarelli, Jon the most notable Bon Jovi."

November 28th: "I worry about Snoop Dogg having a fever. He often mentions he's burning up."

Supply Chains and Marshmallows



I'm not sure I even knew what a supply chain was until the dire warnings began to arrive – that I might have to actually wait for the stuff I wanted. After deciding that this was a uniquely "first-world" problem that didn't deserve my Amazon-Primian umbrage, I shifted my thoughts to the Marshmallow Test – an oft quoted experiment from 1972 by Stanford professor Walter Mischel.

His team studied hundreds of pre-school children, placing a single marshmallow on

the table in front of each. He then presented them with the option of having the one marshmallow now; or – if they waited until he returned to the room – they could earn two marshmallows.

It was, at the time, a unique experimental design to evaluate delayed gratification capacities in young children. Some grabbed the marshmallow as soon as the examiner exited the room. Others actively distracted themselves – singing, talking to themselves – anything to avoid the call of the marshmallow.

What made the study most interesting, however, was the data that emerged some 40 years later. Dr. Mischel and his team set out to track down as many of the subjects from his original experiment – tracking their performance in life and whether their early capacities for delayed gratification impacted specific domains. The two-marshmallow children completed higher levels of education; had lower rates of substance abuse and legal problems; demonstrated lower rates of divorce; and seemed to demonstrate greater resilience in their responses to stress.

While it is difficult to ascribe definitive causality to these findings, the association between early-life capacity for delayed gratification and later-life success (and contentment) is likely not entirely coincidental. This certainly aligns with what I see in clinical practice.

Living in the Age of Dopamine, we have the capacity to flood our pleasure centers with the chemicals that reinforce our need to access what we want in the most fast and furious of ways. Every "like" on social media; every re-tweet and share of what we posted; every video game we play is designed to give us a quick fix of the feel-good juice that – not surprisingly – keeps us returning for more.

The problem here is that – not unlike addiction – the homeostatic mechanisms in our brains respond to these chemical reinforcers with a counterbalancing fall-off once we pause the feeding cycle. This leads us to experience a sense of irritability, anxiety, and dysphoria that drives the return for more (That is, of course, how these gaming and social media platforms are intentionally designed). So while we would actually experience a greater sense of happiness if we inserted longer pauses between use, we instead are conditioned to return more frequently and for longer durations – sometimes if only to self-medicate the craving created by the dopamine crash.

The implications of this are not insignificant. If we raise our children on a diet of immediate gratification, we are depriving them of the chance to develop the one capacity that may serve them best in life. Being able to wait; being able to say "no" to oneself; being able to tolerate the distress of not accessing the feeling I want exactly when I want it – this is essential in the development of a healthy child.

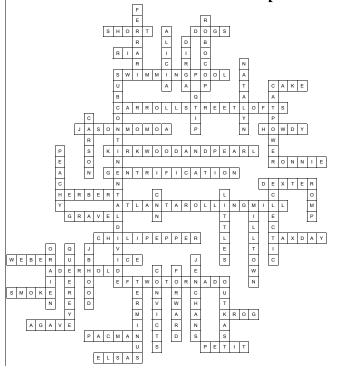
This may also be integral to the development of a contented adult. Rates of Major Depressive Disorder worldwide increased 50% between 1990 and 2017. The highest increases were seen in countries with the highest income. One might argue that faster and easier access to what our brains crave may not correlate with our actual contentment. It may even fuel a cycle of consumption-driven distress.

Follow-up experiments demonstrated that the capacity to delay gratification is not an innate, pre-determined trait. Rather, it is heavily impacted by the environment and experiences that surround the child. If we respond to our children in ways that are inconsistent and unpredictable, they quickly learn not to trust that the world rewards them for waiting. If we model the benefits of working and waiting for the bigger rewards, our kids learn to do the same.

Training ourselves to better manage our own Dopamine systems is probably a smart first step. This, for me, begins with anything that is not screen-based: time in the garden; time in the woods; time without a constant flow of "content." Now, if only that was available on Amazon Prime...

Eric Fier is a board certified psychiatrist, treating children, adolescents, and adults. He is moving his clinical practice – TherapyWorksATL – to Cabbagetown in Summer 2022.

The solution to last month's puzzle.





ACROSS

- 4. Number of boroughs in NYC
- 10. Important club for the Ramones and Talking Heads
- 13. \$5 Footlong
- 15. This President was born in NYC
- 16. Jodi Foster was 12 in this flick 38. 60s female singer,
- 18. They are juke box heroes
- 19. Gang movie from 1979
- 21. That's not a knife. That's a knife!
- 22. Setting for "Gangs of New York" movie
- 23. Times Square is named for this
- 24. First US capital city
- 29. Pesci, DeNiro, & Liotta movie
- 30. Broadway by another name
- 33. Triangle below canal nickname 50. Disco man

- 34. A man in bureaucratic limbo in an airport.
- 35. Most densely populated borough in NYC
- 37. Museum shaped like a upside down spiral
- songwriter, and activist
- 40. He'll make you an offer you can't refuse
- 41. Birthplace of the LGBTO movement
- 42. His debut album was
- "It's Dark and Hell Is Hot"
- 43. Hip-Hop artist from Bed-Stuy
- 48. Capital city
- 49. Most popular surname in NYC

- 51. This bridge connects Manhattan to Brooklyn
- 52. What the devil wears
- 53. 27 championships
- 54. A "knock-out" star from NCIS
- 56. Al Pacino played this NYPD cop

DOWN

- 1. Capote's & Hepburn's favourite store
- 2. This bar did not serve women till 1971
- 3. The dead out-number the living here
- 5. Atlanta to NY by train
- 6. First Euro group in NYC
- 7. Down Under the Manhattan **Bridge Overpass**

- 8. It's shells were once used to pave NYC streets
- 9. 1992 film starring Tupac
- 11. 1988 Tom Hanks movie
- 12. The Piano guy
- 14. Lex Luthor's headquarters
- 17. Home to the largest metro zoo in USA
- 20. Former name of NYC
- 25. Digits in a Manhattan zip code
- 26. Central Park pastime
- 27. Least populated borough
- 28. Number of times The Beatles played Shea Stadium
- 31. Gave us the Statue of Liberty
- 32. Mayor of NYC in 2002

- 36. They "walk this way"
- 38. Oldest borough
- 39. A star is born this way?
- 40. Only US President buried in NYC
- 41. 1971 Richard Roundtree crime-action film
- 44. Key to ancient Egyptian mummification
- 45. Dustin Hoffman in a dress
- 46. Most shown artist in NYC
- 47. Building with a stainless steel spire
- 49. South of Houston nickname
- 55. The king of Electronica in NYC





Atlanta Fine | Sotheby's Homes | INTERNATIONAL REALTY

2021 REAL ESTATE UPDATE

Cabbagetown in the Current Environment

Single-Family Homes

Active

2 Homes | \$599,900 - \$710,000

Under Contract

2 Homes | \$315,000 - \$750,000

Sold Since January 1

15 Homes | \$375,000 - \$1,020,000*

Townhomes/Condominiums

Active

12 Homes | \$284,900 - \$789,000

Under Contract

3 Homes | \$324,900 - \$399,000

Sold Since January 1

44 Homes | \$255,000 - \$600,000*

We are so thankful for the Cabbagetown community and the wonderful connections we have made here. Warm wishes for a happy holiday season from our family to yours!





Chrissie Kallio

c. 404.295.2068 | o. 404.874.0300 chrissiekallio@atlantafinehomes.com chrissiekallio.com

Atlanta Fine Homes, LLC fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Each franchise is independently owned and operated. Market activity from FMLS. Data deemed reliable but not guaranteed. *Not all sales were listed or sold by Chrissie Kallio.

Living History at Oakland

On November 30th, Historic Oakland Foundation publicly launched its most significant fundraising effort in the organization's 45-year history - the Living History capital campaign. HOF has been quietly raising funds for the last year, securing more than \$10 million of its \$12.5 million goal to date to invest into three major projects for Oakland Cemetery:

- A new Visitors Center, which will be constructed outside of the cemetery's main gates and will give the Foundation greater visibility and integration into the surrounding neighborhoods and Memorial Drive amenities, such as the Memorial Drive Greenway. The new Visitors Center will feature an expanded Visitors Center and Museum Store, flexible programming space to expand K-12 educational offerings and private rentals, exhibit space to more effectively tell the story of Oakland Cemetery's role in the history City of Atlanta, staff offices, and community meeting space;
- Rehabilitation of the iconic 1899 Oakland Bell Tower into an arts and culture space with new open-air terraces offering beautiful skyline views, revolving exhibit space on the ground level, and new potential

for private event bookings, all while elevating the building's historic charm and making it ADA-accessible for the first time; and...

• Beautification of six acres of the East Hill section of the cemetery with new hardscaping and landscaping as well as the installation of a new East Gate at Memorial Drive and /Boulevard – which opened in July 2020 – and the restoration of the 1908 Women's Comfort Station – which opened in September 2019 thanks to early campaign contributions).

A visit to the Oakland Cemetery shows campaign developments already beginning to take shape. In addition to the new East Gate, HOF's preservation and restoration team, led by Preservation Director Ashley Shares, has already restored 50% of the East Hill. This includes the restoration of the 1908 Women's Comfort Station, which was historically used as a restroom nestled in the cemetery's grounds but has since been converted to a micro-event space with rotating exhibits. Rehabilitation of the Oakland Bell Tower is set to begin later this year. The Foundation hopes to break ground on its new Visitors Center in 2022. Those interested in supporting this special chapter at Oakland can visit oaklandcemetery.com/capital-campaign.

The Real Estate Report

This information is provided by Chrissie Kallio using the First — be directed to the following resident agents: Chrissie Kallio Multiple Listing records and data from Housing and Urban Development postings. The information is not guaranteed or warranted. Listings courtesy of each listing agent. Any questions regarding real estate in the Cabbagetown area can

at 404.295.2068 • Lynne Splinter at 404.582.0006 • Debbie Weeks at 404.272.1906 · We wish you happy home hunting!

For Sale	Price
653 Wylie St.	\$710,000
3 BD/2.5 BA	
173 Berean Ave.	\$599,900
3 BD/2 BA	

HUUSES				
Pending/U.C.	Price			
138 Powell St.	\$750,000			
2 BD/1.5 BA				
179 Berean Ave.	\$315,000			
1 BD/1 BA				

For Sale	Price
None this month	٦.

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r Sale		Pric

None this month.

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678 Memorial Dr. \$490,000

607 Gaskill St.	\$688,000
4 BD/2.5 BA	
764 Memorial Dr.	\$323,900
Unit 21 1 BD/1 BA	\
The Stacks	170 Blvd
Loft H523	\$789,000
1 BD/1 BA	
Loft E410	\$575,000
2 BD/2 BA	
Loft H527	\$549,000
2 BD/2 BA	
Loft E321	\$535,000
2 BD/2 BA	
Loft E313	\$524,900
2 BD/2 BA	
Loft H217	\$489,900
2 BD/2 BA	
Loft H406	\$360,000
1 BD/1 BA	
Loft H403	\$284,900
0 BD/1 BA	

CONDOS & LOFTS

Price

For Sale

I	CONDO3 &	LOF 13
	Pending/U.C.	Price
	764 Memorial Dr.	\$399,000
	Unit 18 2 BD/2 BA	
	The Stacks	170 Blvd
	Loft H324	\$369,900
	1 BD/1 BA	
	Loft H221	\$324,900
	1 BD/1 BA	
	SOLD	
	The Stacks	170 Blvd
	Loft E325	\$560,000
	2 BD/2 BA	
	Loft E116	\$504,000
	2 BD/2 BA	
	Loft E308	\$395,000
	1 BD/1.5 BA	
	181 Powell St.	\$262,500

Unit 5 2 BD/2.5 BA



agave



cabbagetown 242 boulevard s.e. 30312 404.588.0006 agaverestaurant.com celebrating our 22nd year in cabbagetown



We wish you all a safe and wonderful holiday and a prosperous year ahead. Agave will be closed on Christmas Day, Saturday, December 25th.

Happy Holidays!

Join us for a delicious family dinner in our fireplace lit dining rooms! We are serving our full dinner menu along with amazing nightly specials!

Taquitos For Kiddos

Order our popular Southwestern Taquitos appetizer and we will donate the full amount to help sponsor a family in need this Christmas!

.....

The Agave 2021 Online Holiday Gift Card Deal is Here!

From now until, January 1st, 2022,
purchase an Agave eGift Card and get an
additional 20% added to the
online e-card for FREE!!!

New eGift Cards are the safest, easiest
way to give everyone on your list the gift
of a wonderful dining experience!
Just click, buy, and send instantly.

Touch Free, Hassle Free,
+ 20% More Free!

Purchase Your Holiday
eGift Cards now at:

https://www.agaverestaurant.com/store/

Happy 2022!

Thank you Cabbagetown for the opportunity to have served you for the last 21 years. Here's to a bright New Year and may the new year ahead bless you with happiness and good health!